Linking hands in friendship
Royal Melbourne Show

(1) Shelling eggs
(2) A cheery smile and a cup of tea
(3) Keeping up the vegetable requirements
(4) CWA in the Grand Parade
(5) Fruit salad in production
(6) The final scone tally
(7) In the register queue
(8) Macca at the Merchandise Stall
(9) Ready to serve
(10) Washing up
The Country Women's Association of Victoria Inc.

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Governor of Victoria

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Performing Arts Committee Chairperson: Helen Christie
Social Issues Committee Chairperson: Jenny Nola

AFFILIATED SOCIETIES
The Country Women’s Association of Australia (CWAA)
Associated Country Women of the World (ACWW)

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Social Issues Focus: Social Isolation
Thanksgiving Fund: Batten Disease

Cover
Title: Christmas colours
Photographer: Karina Noblett
Branch: Healesville Nite Chicks
State President

Hello Members

A Happy Christmas and all Good Wishes for the New Year.

A Christmas candle is a lovely thing;
It makes no noise at all,
But softly gives itself away; While quite unselfish, it grows small

(Eva K. Logue)

Marion E Dewar
State President

A Christmas Candle Celebration was held as part of the November State Council meeting. Many candles were lit. We heard the Legend of the Christmas Candle. We celebrated the virtues of hope, faith, joy, love, peace, goodwill, and trust. We offered blessings and sent messages of good wishes. We looked back with gratitude at the past eleven months, celebrated the present and looked forward with confidence to the challenges and opportunities presented by the next twelve months. We reviewed the Determinations for 2019 and previewed the Determinations for 2020. (I omitted to remind you last month that, as announced at State Conference and included in the August posting, Endometriosis Research through the Jean Hailes Medical Centre for Women is the Thanksgiving Fund recipient for 2020). Interspersed with the readings we sang many Christmas Carols but not all the verses!

Here is one version of the Legend of the Christmas Candle:
Many years ago an old cobbler and his wife lived in a little village in Austria. Although very poor, whatever they owned they shared with others. Each night they placed a lighted candle in the window of their cottage as a sign of hospitality to any traveller needing shelter.

Through the years, war and famine plagued this little village. Yet, as though some mysterious charm guarded them, the cobbler and his wife suffered far less than their neighbours.

One evening, on the night before Christmas, the villagers gathered to discuss their plight. “There is something special about the cobbler and his wife,” said one villager. “They are always spared our misfortunes. What do they do that we do not? Let us put a candle in our windows too. Perhaps that is the charm.”

That night every home had a candle in the window and, amazingly, before the sun rose, a messenger brought great news to the village. Peace had come! The villagers gave thanks for this message of peace and vowed to always light candles on Christmas Eve.

There are many legends associated with Christmas. In time, there may even be Australian ones. So far, there are at least two such candidates, both in poetic form: Santa Claus in the Bush by AB ‘Banjo’ Paterson (1864–1941) and A Bush Christmas by CJ Dennis (1876–1938). No doubt you know the words of at least one Australian adaptation of a Christmas Carol – The Twelve Days of Christmas or Jingle Bells perhaps?

Born in Ballarat, William G James (1892–1977) studied at the University of Melbourne Conservatorium prior to going to London in 1914 to further his piano studies. James gave up a distinguished concert career to become one of the pioneers of music broadcasting in Australia. He was the first federal director of music for the ABC (1931-1957), encouraging many young Australian musicians. It was during his tenure that the ABC formed orchestras in each state. James is best known for his Australian Christmas Carols; the first set was published in 1948. ABC staff writer John Wheeler wrote the lyrics for these fifteen carols. Christmas Day (The North wind is tossing the leaves) is in the Together in Song hymn book. Other regularly sung carols are Three Drovers and Christmas Bush for His Adorning. My favourite might be Carol of the Birds or The Silver Stars are in the Sky. There is not one about candles!

To continue the favours theme…my favourite Christmas experience, apart from a church service on Christmas Day, is Carols at Kings – The Biblical Christmas event told in words and music from the Chapel of Kings College Cambridge. Ian and I spent Christmas in England in 2006 where we enjoyed many special activities from services to concerts, pantomimes and steam train rides.

I entered the calligraphy section of the Gippsland Hills Exhibition this year with some words about friendship. I include them as my final thoughts on the Theme for 2019:

Linking hands in friendship
Across the room across the sea
Finding thoughts in common
Where tolerance is still the key

If understanding wears the crown
Deeds of kindness follow
Around the globe around the town
Linking hands in friendship

Join us on the first Sunday of the month for

High Tea

Sunday 1 December 2019
Sunday 2 February 2020
Sunday 1 March 2020

High Tea is held in our historic dining room at the CWA of Victoria Umina B&B set in a lovely Edna Walling garden in Toorak. A delicious selection of homemade treats served on elegant china that showcases our famous scones, jam and cream.

Ribbon Sandwiches | Warm Savouries
Assorted Mini Sweet Treats
CWA Scones Served with Jam and Cream

Gluten Free and Vegetarian Options Available

2-4 pm | $50.00 per person | Bookings Essential
Book through our Bed and Breakfast Department
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www.cwaofvic.org.au

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From the Editor

As 2019 draws to a close I hope you are finding time, amongst the hustle and bustle of Christmas preparations, to sit down with a cuppa and reflect on what you have achieved in 2019. You may have thought you haven’t achieved much at all, either individually or as a branch member, however you may be surprised when you start to write down what has happened in your life over the past 12 months.

Have you been on an enjoyable holiday in Australia or overseas, read an interesting book, seen a stage play, ballet performance or a musical theatre production? If so why not write a personal review of your experience and submit it for publication in the magazine. We are always on the lookout for articles to fill the magazine pages and your impression of an event/book/journey may lead to another member taking the time to experience the same enjoyment as yourself. A photograph, or photographs, to accompany your article would also be welcome.

I hope you have found some of the articles printed in the magazine over the past 12 months of interest to you and look forward to receiving articles about the activities of your branch or group in your local community during 2020.

On behalf of your magazine team I would like to wish you all a happy, safe and enjoyable Christmas and New Year with family and friends.

Deadline for articles for the MARCH 2020 magazine is FRIDAY, 24 JANUARY 2020

Agriculture and Environment

Now we are in Spring and we can look forward to Summer however hot it is going to be, there will be mosquitoes something to look forward to so here are a few facts and helpful hints.

Mosquitoes are a group of about 3,500 species of small insects that are flies. Within Diptera they constitute the family Culicidae. The word “mosquito” is Spanish for “little fly”.

Residents and visitors to Victoria are being warned to protect themselves against mosquito-borne diseases such as Ross River virus and Barmah Forest virus as the Summer season approaches.

Not all mosquitoes carry diseases - most are just a nuisance. However, mosquitoes can carry a range of diseases including Ross River virus and Barmah Forest virus. These diseases can cause serious illness and occur regularly in regional Victoria. Ross River virus has now been detected in mosquitoes in the Gippsland Lakes area around Ninety Mile Beach. The summer holiday season is a time of increased outdoor activity, so taking measures to avoid mosquito bites is a critical step to protect against such diseases.

Anyone is potentially at risk of being bitten by mosquitoes and while most bites will only cause minor swelling and irritation, an infected mosquito can transmit a potentially serious disease. All parts of Victoria where there are mosquitoes may carry a risk for Ross River virus infection, although the risk is greatest in rural and regional Victoria, including many coastal areas. Infection seems to be rare in outer metropolitan areas. Ross River virus and Barmah Forest virus disease are similar. Both can cause joint swelling and pain, fatigue and muscle aches that can persist for many months.

It takes three to nine days for symptoms of Ross River virus disease to occur after exposure, occasionally up to 21 days. Barmah Forest virus disease symptoms occur between seven to ten days after a bite from an infected mosquito. While almost all people recover, symptoms may recur in some individuals for over a year or more.

Simple steps to protect yourself: Wear long, loose fitting clothes. Use effective mosquito repellents containing picaridin or DEET on all exposed skin. Try to limit outdoor activity if lots of mosquitoes are about. The hours before and after sunset is when most mosquitoes are more active but some will also bite in the middle of the day. Use ‘knockdown’ sprays and plug-in vaporizing devises indoors. Check your fly wire screens and doors. Dispose of all tins, tyres and other rubbish that may hold water. Keep roof guttering in good condition and regularly remove leaves and debris. Keep fish ponds stocked with fish. Prevent leaking taps which can maintain semi-permanent pools. Stop mosquitoes breeding in rain-water tanks. Make tops, lids and covers close fitting. Fit outlets fitted with removable screen mesh. Screen inlets to stop adult mosquitoes getting in.


Enjoy the Summer season and I hope it won’t be too hot, and the drought breaks and everyone has some lovely rain. Please spare a thought for all out there that are hurting be it city or rural.

The Agriculture and Environment Committee would like to wish you all a safe, happy, healthy and wonderful Christmas and New Year. And we will see you back in the new year.

A luncheon was held at **Umjna** on 15 October. Country Women’s Association members from Melbourne and regional branches filled the dining room to hear guest speaker Janine Gleson share her life experiences of living and working in Iceland.

Janine began by explaining that 40 years ago she went to Iceland for work in the fishing industry, working hard for six months and travelling elsewhere for six months. She did this for a few years then married an Icelander and lived there for a number of years.

Janine used a map to point out where she lived in the Westfjord town of Patreksfjordur, the Capital city Reykjavik and the many places she had been to. Some highlights visited were Pingvollir National Park, the site of Iceland’s first Parliament meetings from 930 until 1798. It is also the site of a rift valley, caused when two tectonic plates slip apart. Bathing in hot springs or lakes in the thermal regions.

Janine visited ‘Geyser’ a geyser that demonstrates the natural geothermal energy by regularly erupting into a fountain of very hot steam. Geyser is the source of the word geyser. Unfortunately Geyser hasn’t erupted for some time but another geyser in the vicinity, named Strokkur, erupts regularly. Eyjafjallajokull became Iceland’s most famous volcano when it erupted in 2010 and stopped all air traffic across Europe. Eyjafjallajokull is the site of Iceland’s first lights which she was fortunate to see again on her return visit. Janine then answered questions and gave an example of speaking the Icelandic language.

Because 15 October is United Nations ‘International Day of Rural Women’, an excerpt was read that explained the 2019 Theme ‘Rural Women and Girls Building Climate Resilience’.

To explore the theme further go to [www.un.org](http://www.un.org) and follow the links.

Branch members shared information such as activities, member numbers, branch age etc.

Committee members Valda Laird and Cathie Irvin challenged members with a true or false quiz of Icelandic questions.

All present enjoyed a delicious Icelandic meal starting with cream cheese and smoked salmon on rye bread; main course of succulent roast lamb, caramelised potatoes, braised cabbage, peas and carrots; and dessert of Skulufakka (Icelandic brownie), Baked Rhubarbari (rhubarb) and Skyr (cultured dairy product). Treats with tea and coffee were Halfmanar (half moon biscuits) and Spesier (traditional Christmas Cookies, recipe in this magazine) prepared and served by Club Committee members led by Mary Grant.

**Christmas in Iceland**: This seems the best way to conclude this year’s study of Iceland. In Iceland Christmas is commonly known as ‘Jól’ (which translates to Yule). There are many traditions and customs. Christmas in Iceland lasts for 26 days, commencing 11 December and finishing 6 January. At the start of Advent people start putting up Christmas lights. The ‘Oslo tree’ is put up outside Reykjavik Cathedral and decorated with lights. An unusual custom is ‘A Gift in a Shoe’, especially for children. Before going to bed children put a shoe near an open window and when the ‘Yule Lads’ who live in the mountains come into town at night they leave small presents in the shoes. If you were good, it is a gift, if not so good you will find a potato! The tradition in Iceland that everyone must receive at least one book for Christmas is called the ‘Christmas Book Flood’. Family Christmas trees are decorated on 23 December. After the evening meal on Christmas Eve children open their presents. On Christmas Day families come together to celebrate and traditional food is served. Public entertainment commences on Boxing Day and families go out visiting and join in the entertainment.

New Year’s Eve has its own magical traditions. Cows are able to talk and elves move house! Big bonfires and fireworks ‘blow out’ the old year and bring in the new year. 6 January is the last day of celebrations with more bonfires and elfin dances. (Ref: [www.whychristmas.com/cultures/iceland](http://www.whychristmas.com/cultures/iceland))

**2020 Country of Study: BOTSWANA**

**Donations:** Thank you to all members who kindly send donations of goods for ACWW/International & Community Support that enable the Committee to distribute, on your behalf, to those in need. Thank you letters expressing gratitude have been received from Angels 3081, Launch Housing...
Membership

Dear Members,

Each month I aim to share with you a different branch and profile some of their achievements. Hopefully this will assist you in growing your branches and sharing what we do is a great way of discovering different approaches. We all tend to think that we all do the same thing. This may be true in essence but perhaps not in execution.

Bendigo Northern Group President Marilyn Tangey shared Campbells Forest first year highlights.

The branch is very active with meetings always including an activity. Some of these have been:

- Making Kokedama. To the uninitiated, a kokedama is a type of moss ball bonsai hanging garden. Search for it and you will find many websites with instructions.
- Microwave jam making. This is a quick and easy method.
- Bath Bombs: a great Christmas gift.
- Quick soups for the busy household.
- Waxed food wraps. A great plastic free tool in the kitchen.
- Christmas baking.

The branch is well connected to their community and able to cater for large events in their area. Well done and congratulations Campbells Forest members and good luck for your second year.

I hope this provides you with some great ideas for branch activities and might also inspire you to share your achievements with me so I may include your endeavours in future articles.

Mornington Peninsula Group President Cate Venturoni is in the process of exploring opening two new branches in Mount Martha and Sorrento/Portsea. Good Luck Cate and thank you for your initiative and hard work for CWA of Victoria.

I also had the pleasure of assisting Central Highlands Group President Amanda Millar establish a new night branch in Woodend, with seven members joining on the night and many more expressions of interest.

This is all fabulous news and your activity in maintaining and increasing our membership is a wonderful achievement. Congratulations and thank you to all involved.

I hope this inspires branches to plan out activity calendars for 2020 for a fun filled, entertaining and educational year for all members. Don’t forget to share your ideas with me. I would love to hear from all of you at chairofmembershipcwavic@gmail.com

It is also time to think about volunteering for next year’s Melbourne International Flower and Garden Show 25-29 March. The five days require 44 shifts of four to five hours and three shifts to cover bump in on the preceding day (a total of 47 shifts to cover). Please email me if you are able to assist.

It is a great way to make new CWA of Victoria friends whilst having fun and raising funds for our wonderful organisation.

Happy Christmas baking for our early December State Christmas Fare. Seasons’ Greetings to all and enjoy your Summer break to return refreshed for another year of volunteering with CWA of Victoria. Remember that I look forward to receiving your feedback so that I may share your innovative ideas with all. Enjoy your last meeting for the year before heading into the busy holiday season.

Membership Committee
Chairperson
Peg Higginbottom
Club

I cannot believe the year is nearly over and we are getting ready for the Festive Season. How time flies when you are kept busy!

My thanks to all Club Committee members and others who, when I put out a call for help, rally and offer their services. I have said before that volunteering for the CWA of Victoria is a team effort and to achieve success and contribute to the overall functioning of your organisation, helping where possible should be everyone’s goal. Thank you team.

We have provided meals for the Tatting and Lacemaking weekend, the ACWW Icelandic Luncheon, the Goldwork Retreat and Slow Stitching Retreat. We also assisted with the sessions organised by the Cooking Committee. It was pleasing to see another participant joining the Goldwork session. The word is slowly getting around. During 2020, we have planned weekend retreats for members as well as the ones for the wider public. Keep watching for the announcements in your magazine and on the website.

Here is something we can all do. When these activities are advertised, let’s see if we can encourage a friend, acquaintance or interested person to enrol and take up the opportunity of learning a new skill. Spread the information to Neighbourhood Houses, Craft groups, Rotary/Lions groups, Specialist textile groups, local Libraries, Community Noticeboards and anywhere else you can think of.

The Learn to Knit session did go ahead with one participant. We ran it in conjunction with the tatting weekend so as not to disappoint the person enrolled as it had been her desire to learn to knit since childhood. A very quick learner who thoroughly enjoyed her one-on-one tuition and went home very pleased with herself having created a small soft toy and well on the way with item number two. We saw her back in November to complete the last stage of the tuition.

Members often ask if there is something they can provide for the B&B or the kitchen. We can always use easy-care, serviceable and elegant table cloths in the dining room, particularly for the special occasions we cater for. Card table sized lace cloths are always useful as they provide an attractive overlay to a standard tablecloth. Often good quality lace curtain material is available from Op shops and will just need to be cut to size and hemmed. Also, strip runners can add a splash of colour to highlight a table setting. There are 11 tables in total.

On 11 January we are catering for a small Wedding Party in the Garden – 50 guests who have requested fancy mini desserts for the occasion. I will need helpers prior to the day for preparation and on the day up to 10 helpers for set up, presentation and service. As alcohol will be served, we also require a RSA trained person in attendance. If you have this qualification and would like to volunteer your time please let me know.

As our CWA of Victoria year draws to a close I wish you all a very Merry Christmas, Good Health and Good Fortune for 2020. Enjoy the time with family and friends and we will see you all ‘rarin’ to go’ next year, ready for another busy year ahead.

Magazine & Communications

My favourite section of our wonderful magazine Victorian Country Woman, is the Branch and Group section. It is full of wonderful ideas, smiling faces and truly shows the breadth and depth of our association. This is also reflected in the social media pages of branches and groups.

Social media platforms such as Facebook and Instagram have become a common way for branches to share news about events coming up, mark milestones and show the breadth of their activities. They are a fast and cheap way of getting the message out to a wide range of people. Reviewing the analytics of your post can highlight the breadth of people who have connected with the post – their age groups, general locations (state or country) and how they saw the post (on their phones, computers or tablets). All of this information helps you improve the quality of the message you are trying to send, especially when advertising an event.

There are a few general rules that branches and groups should be mindful of, when using social media.

1. Make sure that you send through to Robyn Smith at head office the administrator details, including passwords. Should these change, please keep her updated. It is very difficult for the branch or group to gain access to the page, in the event that the administrator is no longer available or is unable to continue due to illness.

2. The page reflects on the Association. When sharing other posts on your page, be mindful of this.

3. If photos used include children, written permission from the guardian or parent must be collected and maintained PRIOR to the image being uploaded.

4. It is a page to reflect the activities of the branch or group and should not be used to promote an individual’s business or personal activities.

5. It is not appropriate for a branch or group page to include a “donate now” button for any other organisation, no matter how worthy the cause.

So with all of these in mind, I look forward to seeing many posts of branch and group Christmas activities. I’d like to take the opportunity, on behalf of the hard working team in the Magazine / Communications Committee, to wish everyone a very Merry Christmas, and a safe and healthy 2020.
Dear members

Ararat Sock Festival. As part of the 2020 CWA State Creative Arts Exhibition, we will be holding the first Ararat Sock Festival. We invite you to participate, and celebrate hand knitted socks! This event will be open to everyone: CWA members, their friends and family, the general public. As well as encouraging knitting, we hope to increase interest in our Exhibition, and bring more visitors to Ararat. If you knit socks, this is for you!

Instead of just one section for hand knitted socks, there will be seven:

• Novelty socks
• Picture socks
• Socks knitted with self-striping or variegated yarn
• Socks using two or more different coloured yarns
• Socks with cables and/or lace patterns
• Socks for baby or child under 5 years
• Plain socks (rib and/or stocking stitch)

Within each section, entries by adult CWA members, junior members, other adult entrants, and other entrants under 18 years will be judged separately. CWA members’ prize winning points will count towards their Branch Aggregate total as usual. You may enter a maximum of two pairs of socks in each section. As for all Handcrafts entries, all socks must have been completed within the past two years and have not been used or laundered.

We plan to have prizes of yarn packs for First, Second and Third in each section – I am currently talking to possible sponsors. The overall winner of the Best Hand Knitted Socks in the Exhibition will also win the Isabel Troutbeck Award of $100. This Award is donated each year by the Troutbeck brothers in memory of their mother Isabel, a fine craftswoman and CWA of Victoria member.

Information sheets and entry forms for the Sock Festival will be distributed in the January posting with the 2020 State Creative Arts Exhibition Schedule, and will also be available on the website. Please help us publicise the event, and encourage all the knitters you know to enter some socks!

Craft Workshops at Umina. A very enjoyable Tatting and Lace Craft Weekend was held at Umina in October. Tutors Heather Bennett (Woorayl), Penny Wolswinkel (Kardella) and Val Smith (Glen Waverley) worked with eight eager students on the basics of tatting and bobbin lace making. We were well looked after by Mary Grant, Club Committee Chairperson, who provided our meals. Friendships were formed and cemented, and plans made to meet again.

In 2020, we plan to hold a Blackwork Embroidery Workshop for members on Wednesday–Thursday 19–20 February. Blackwork (which isn’t always black!) is a counted embroidery technique using Holbein stitch. It can be worked on linen or Aida cloth, and used to embellish pincushions, table wear, garments or in pictures.

We are also planning a Basic Sewing Workshop for members, at which participants will make themselves a skirt, on Saturday and Sunday 12–13 September. Other Craft Retreats open to members and non-members will include Shibori Indigo Dyeing, Crochet, and Tatting and Lace. Look for more details in the next magazine.

Thank you Bendigo Northern Group. Special thanks to the Bendigo Northern Group member who donated a wonderful collection of bobbin lace making equipment and patterns to Creative Arts. It is an amazing resource, which will enable us to offer more lace making classes.
Social Issues

Here we are planning our end of year gatherings and celebrations. Many of you will have been busily baking for the State Christmas Fare on the 7th of this month. Our Christmas trees will be up or in the process of being unpacked and decorated ready for family Christmas celebrations which, for me this year, is at home. I tell my reluctant helpers too old for this stuff that if there are no decorations then there is no Christmas here. So far I have bluffed them into getting the stored boxes out of the roof for another year!

Not everyone is as blessed as my family. Some will be doing it tough for Christmas. Many of you will have collected handbags and filled them with goodies for ‘Share the Dignity’. My branch has provided gifts for a homeless person’s lunch out in Footscray. Many of the guests have told us that they won’t open the gifts before Christmas day as it will be the only gift they receive.

Our farming friends are also doing it tough in these current drought conditions. They will be juggling between feeding their animals, their family and buying gifts. A kind word, an invite to morning tea, or a small gift are simple ways we can reach out to others. Let’s look at what is in our cupboards. An item in good condition that we no longer need might make a difference to someone who is feeling overwhelmed at this challenging time of year. The festive season also brings home the losses we experienced over the past year. A loss can be challenging for many people. The women of CWA of Victoria have proven experience of ageing. It looked at some of the impacts of loneliness on older people in our community. Since I have taken on this role it has become very apparent to me that twelve months has provided me with feedback on what they are doing in their branches, for the invitations to events in your area, and for your continued support and encouragement. I wish you all peace and joy to each one of us.

On the topic of Social Isolation I have continued to attend as many forums and information sessions as possible. Recently I attended the Eastern Loneliness Dialogue organized by the Eastern Metropolitan Partnership. The Partnership is an independent body appointed to advise the Victorian Government on eastern suburbs issues. The forum shared research on the experience of ageing. It looked at some of the impacts of loneliness on older people in our community. Since I have taken on this role it has become very apparent to me that twelve months is nowhere near long enough to tackle this very complex topic of Social Isolation!

The following quote came across my desk last week which seemed to be very relevant to our organisation as we reflect on the year that has been and hopefully plan for the year that will be:

We should be lifting each other up and cheering each other on, not trying to outshine one another. The sky would be awfully dark with just one star.

Stacie

Luckily the Association is full of wonderful women who are all bright stars in their own way. Thank you to everyone who has provided me with feedback on what they are doing in their branches, for the invitations to events in your area, and for your continued support and encouragement. I wish you all peace and harmony over the Summer break. Safe travels wherever you may be going.

Please support local country shops and strip shops in the city when doing your Christmas shopping. These shopkeepers are the ones who support our lonely and isolated people by chatting to them when they come in.

I look forward to working with you all again in 2020 on our new theme of Building Communication Skills in Times of Stress!

Time is precious, make sure you spend it with the right people.

Performing Arts

What is Music? One may think this is a silly question. Stop and think. Everyone has a different slant and appreciation of what music really really is, how and when it is appreciated and the different forms it takes over one’s lifetime.

A baby is played music before birth and after birth to soothe and bond with the mother. Every newborn has nursery rhymes played and taught to them.

Children are taught music in the form of dance and song at kindergarten and school, laying the foundation of the individual’s tastes. Music can be in the form of singing, piano playing, plus, heaven forbid, the drums of my son’s teenage years.

Music can also be the laughter of a loved one not seen for some time, the voice of a good friend who has been unwell, the sounds of birds singing at day break, magpies and kookaburras – all with a joyous song.

We may not realise it, but music in so many different forms is everywhere in our lives.

Even dementia sufferers, many who cannot speak, always respond to music. It is amazing to see the enjoyment music brings to these very ill people.

Music is played at so many important times of our life, at happy times and sad times. Everyone has a favourite piece of music to enjoy.

Let the band play on, the songs keep coming, bringing peace and joy to each one of us.
Catering

The 2019 Royal Melbourne Show catering is now behind us. A very big THANK YOU to all members who contributed in so many ways. Of the 150 volunteers who spent one shift or many in the Cafeteria complex, or at Umina preparing food - this also included many first time members who tried so many new tasks, kept smiling and providing food, service, clean spaces at tables for our customers or the many ‘back of house’ members who washed dishes, prepared vegetables, kept up the clean supply of aprons and tea towels, piped cream or mousse or so many other tasks - you were all part of a very large team and each part was important. I should not forget those working on the merchandise stall who sold CWA of Victoria tea towels, cookery books, our 800 CWA of Victoria Show Bags and gave information on membership. As well, there was a large array of hand knitted and made goods including rich fruit cakes, jars of preserves and other items for sale.

Here are some more specific figures which indicate just how big this Show time was.

• 15,565 scones were baked and enjoyed by so many. That explains the majority of the 600 kg of SR flour used. Thank you to our team of scone makers lead by Joy Davis. By Show’s end the 2018 record was broken with a tally of 15,565 scones being made – an increase of 550.

• 270 dozen eggs were cooked - poached for breakfasts, boiled and prepared for lunch sandwiches or plated salads and used in the variety of cookery provided for sale each day from the kitchen at Umina.

• With the eggs for breakfast went 135 kg of bacon. This bacon was also added to other savoury delights.

• 340 kg of potatoes were peeled and prepared for hot meals. As well, 270 kg of pre-prepared potato chips, fried mainly for additional sales or with lunches or evening meals.

Fifty-six country members stayed at Umina using 340 night’s accommodation during the setting up, Show time or packing up days.

More than 1,400 beanies were knitted and delivered from around the State. Those suitable, in a huge array of colours, sizes and patterns, were added to the 800 Show bags for sale or placed on the merchandise stall for separate sale. On one cool evening, I still delight at the picture of a family of five who left the merchandise stall having selected, checked in the mirrors, tried on, purchased and then wore home their new beanies.

Among the unexpected highlights was an invitation and subsequent participation in the RASV Final Grand Parade on the afternoon of Tuesday 1 October. The appreciation and applause given to those who participated wearing their clean CWA aprons was heartening.

The financial outcomes are still being calculated. However, our well prepared food, our presence, attitude and teamwork on show, did much for our CWA of Victoria reputation during this time. Again, thank you!

Our first stop at the Royal Melbourne Show

The first stop at Royal Melbourne Show each year is always the CWA Cafeteria because we have to buy scones for our Dad. He gives us the right container for a bring home order. I personally look forward to the breakfast. Everything is always very organised and efficient, clean and tidy. It always amazes me the different ages and variety of people who volunteer in the cafeteria plus I like getting the Weekly Times to see what is going on around the place.

Thanks to the CWA I have found a new tea that I really love - Madura green tea and lemon myrtle. I am very grateful for that. Thank you for always making us feel welcome as it is almost like going to visit some old friends that you have known for years. We always end up having a chat with someone about something and that is what the show used to be about. I am glad that this has not changed in anyway.

Every year we find a new tea towel hanging from the roof that we had not seen before which is interesting. Keep up the great work that you provide to the local communities.

Donna Scott
The Scott Family
Hello Members,

Firstly, I would like to thank all the members who baked for our Christmas Fare. Thank you to everyone who made our Fare a success. And thank you to Coles for donating ingredients for our members to use when baking for our Fare. We have had three successful Christmas Masterclasses. Thanks to our wonderful band of ladies on the Cooking Committee for their tutorials. We couldn’t do it without them - thanks ladies.

I would like to take this opportunity to wish everyone a Merry Christmas and a prosperous New Year. I look forward to more Masterclasses next year. We have a couple in mind for early in the new year, so keep an eye out for the advertisements for them.

Beverley Wall
Cooking Committee Convenor

Cooking

Thanksgiving Fund

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Beverley Wall
Cooking Committee Convenor

Thanksgiving Fund

Batten Disease

I recently had the pleasure of meeting two ladies, mother and daughter, at Emerald Bank Market in Kialla. They attend markets promoting Batten Disease. Their story is another heartbreaking story as they lost their little grandson and nephew to Batten Disease six years ago. They sit making all sorts of novelties to give to children. They don’t ask for donations but people do stop and talk. So many people are unaware of Batten Disease and some generously do donate.

The ladies are Christine and Susan Parnell from Shepparton. They are doing a fantastic job with the many hours they spend fundraising for research in the hope of a breakthrough. At the moment, babies and small children with Batten Disease have no hope of surviving beyond childhood.

Research is happening in New Zealand, where researchers are starting to make some progress. At the moment, babies and small children with Batten Disease have no hope of surviving beyond childhood.

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(L-R) Christine and Susan Parnell.

Lyn Trezise
State Vice President

Thanksgiving Fund

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The State President and members of The Country Women’s Association of Victoria Inc. are deeply saddened by the death of Miriam Stackhouse. Sympathy is extended to Miriam’s family and friends. Miriam was an esteemed member of the Association.

Records show Miriam joined The Country Women’s Association of Victoria Inc. on 1 October 1953. However, Miriam was previously a member of the Country Women’s Association in Tasmania (Inc.), when living on Flinders Island and rose to the position of Group President.

Miriam’s offices included:
- Corangamite Western Group President 1984-1986
- Handicrafts and Home Industries Committee Chairman 1991-1993
- South Gippsland Group President 2002-2004, 2009-2011
- Yarram Branch Secretary 2009-2011
- South Gippsland Group Leader 2017-2018.

Miriam was a member of the following state bodies:
- Administration & Finance Committee 2003-2004
- Holiday Week Committee 2003-2004
- ACWW/International/Community Support Committee 2004-2005
- Executive/Agenda Committee 2010-2011
- Creative Arts Committee 2010-2013.

A Life Member of the Associated Country Women of the World (ACWW), Miriam attended a number of South Pacific Area Conferences, including Ballarat, Tonga and Dubbo, and World Conferences, including Hobart, Finland and India. Miriam was thrilled to see many friends when she visited the World Conference in Melbourne in April this year. On several occasions, Miriam accompanied Member of Honour and Past World President Valerie Fisher AO OBE and Past National President Marie Lally AM to the islands of the South Pacific, teaching and mentoring women. She was a loyal supporter of the Victorian ACWW/International/Community Support Committee.

Miriam was a respected judge of both Handcrafts and Home Industries. She was always willing to share her knowledge with others. Miriam will be greatly missed.

**Hiawatha**

The images linger, thoughts remain
Of a childhood farm, remembered again.
Of wattles and willows, and hills of green
Where a river ran clear, and the air was clean.

Of cows to be milked, and calves to be fed
The putt-putt engine, down in the shed.
Of riding to school, school bag on back
When the horses would pull, to gallop the track.

Of fishing for gudgeons, where the river ran still
Finding koalas, on Greenaway’s Hill.
Blackberries to pick, only the biggest
Our favourite bush, where the brambles were thickest.

Of rides in the trailer, throwing out hay
Collecting the eggs, at the end of the day.
Then a big warm kitchen, out of the damp
With smells of the fire, and a kerosene lamp.

The dances at Hiawatha hall were a must
When supper was over, slide in the sawdust.
Piano and sax, clicketty-clack from the drums
Then at Christmas, be patient, until Santa comes.

But now it has changed, from those memories of mine
The hills are all covered with plantation pine.
The cow shed’s deserted, the cream stand is bare
The windmill is rusted, the haystack’s not there.

The valley’s gone back, to thistles and ragwort
The paddocks are thick with the bracken we fought.
The falls still run, but they’re smaller somehow
The dances are over, the hall’s gone now.

But it’s beautiful still, in a different way
Though the way that it was, is with me today.
Those images linger, the thoughts remain
Of the way that it was, but never again.

*(Hiawatha is a farming district near Yarram in South Gippsland)*

*Dianne Bloemhoff*

Monbulk

*Note: This poem was an entry in the 2019 Literature Competition*

**Merchandise**

The Merchandise Committee is starting the long job of collating a new cook book. We are looking at gathering recipes for a lunch cook book. Have you got some great recipes you would like to share? Your favourite soup or some light lunch ideas. They must be your own recipes or ones adapted enough to make them your own. Please send any ideas into me by mail at Headquarters or by email to pam.mawson1@gmail.com

*Pam Mawson*

Deputy State President

**PHOTOGRAPHS**

- Please send high-resolution photos (at least 2MB)
- Ensure you attach your photos to your email rather than embedding them in your email or document (which automatically reduces the resolution)
- If you need to send hard copy photos please have these professionally printed (Officeworks, Harvey Norman) because photos printed on home printers won’t scan well enough for printing in the magazine
- **Photos of Children.** Please note that due to privacy reasons we require the written permission of parents or legal guardians in order to reproduce photos of children. These forms are available from your Branch Secretary or email the Editor
- Photos and articles submitted to the magazine may be used for all CWA of Victoria communications outlets (e.g. magazine, website, and social media).
The Federation of Icelandic Women’s Societies (KÍ) was established 1st of February 1930.

The objective behind the establishment of the Federation was to unite all the country’s women’s associations into a single unit. The Federation is independent of party politics and religious beliefs. KÍ consists of 17 regional and district organizations, comprising about 170 women’s associations. There are currently about 5000 women within the framework of the Federation.

The main objectives of KÍ today are:

• Safeguarding the welfare and health of Icelandic households.
• Monitor regulations in pedagogical, educational, public health, social security (welfare), taxation, employment and wage issues.
• Take a stand for women´s rights, human rights, cultivation and environmental issues.
• Promote consumer rights by operating the Household Guidance Center.
• To support increased cooperation of women, promote social awareness, enhance mutual friendship and support issues deemed important by the organization.
• Combine and coordinate the activities of the member associations.
• Promote education through publications, meetings, conferences and seminars.
• Give a comment on issues that Parliament and the Government are debating on before they confirm the legislation.
• Promoting the policy of the Nordic Women’s Association (NK) and the International Rural Women Association (ACWW) to the extent possible.

KÍ is a member of the Council of Nordic Women’s Organisations (Nordens Kvinneforbund - NKF) and the International Rural Women’s Association (Associated Country Women of the World - ACWW).

The President of Iceland, Guðni Th. Jóhannesson is the patron of KÍ.

The Federation along with other women’s associations, own the building where they operate, the Women’s Home, Hallveigarstaðir. The associations use the building for their operations and rent out portions to generate revenue.

The operation of KÍ is funded by project grants from the Icelandic government and annual fees paid by the members.

A national convention is held every three years and it is the supreme authority of the Federation. All members are free to attend, but each local association only has one vote. In the years between the national conventions, two meetings are held per year (1 primary and one extra session) with the heads of all 17 of the regional associations which are members of KÍ (Chairwomen’s Council). These meetings carry the authority between the national conventions.

Management and Institutions
The Board of Directors is elected at the national convention and at the annual meetings of the council chairwomen. Each board member can serve on the board for two terms in each position (three years term).

The board consists of five women and two extras. The chairwomen’s council consists of the chairwomen of the regional subgroups. The KÍ Board of Directors carries out the decisions of the National Convention and the Chairwomen’s Council. Board members volunteer their time. KÍ has only two paid positions, the executive director and the manager of the Household Guidance Center.

The current board members are:

Guðrún Pórdardóttir President
Pórný Jóhannsdóttir Vice President
Bryndís Ásta Birgisdóttir Treasurer
Sólrun Guðjónsdóttir Secretary
Puríður Guðmundsdóttir General board member
Sólveig Ólafsdóttir Vice board member
Björg Baldursdóttir Vice board member

The KÍ Office.
The seat and Office of the Federation is at the Women’s House Hallveigarstaðir, Túngötu 14, 101 Reykjavik. The Office services and assists the Women´s Associations and takes care of the daily business. The office holds one position of staff member. Jenný Jóakimsdóttir

KÍ publishes the magazine Húsfreyjan, maintains the websites www.kvenfelag.is and www.leidbeiningastod.is – and facebook pages for all of them.

Our largest projects last years have been about food waste and now working on Project about Textile waster with support from the Environment Ministry. SDG 12.

KÍ is a member of various committees, councils and boards that affect the interests of families and the people of Iceland.

These include:
The Equal Opportunities Commission
The Commission on Aging
The Women’s History Museum
The Icelandic Environmental Association
The National Costume Authority

The Federation of Icelandic Women’s Societies

KÍ is a member of the Council of Nordic Women’s Organisations (Nordens Kvinneforbund - NKF) and the International Rural Women’s Association (Associated Country Women of the World - ACWW).
About the author

Sydney cake queen Katherine Sabbath is one of the coolest creatives around, loved equally for her cutting-edge cake designs and quirky personal style. Kat is a high school teacher turned cake creative whose unique designs have featured in print internationally, online as well as on TV. She shares it all with her half a million Instagram followers, who hang on every sprinkle. Her fans are so devoted they have even been known to sport her cake designs as permanent tattoos.

Kat’s first book, a self-published pop-up art book, Katherine Sabbath – Greatest Hits, has sold out its two print runs. Kat lives in Sydney with her husband, who doesn’t like cake, and her dog, who does.

Thank you Murdoch Books for supplying a free copy of Bake Australia Great for our competition.

Bake Australia Great
by Katherine Sabbath

An edible Australiana cook book from a cake and style queen with a gigantic fanbase.

This mad-cap collection of edible Australiana will win over anyone with a love for the land of the Great Barrier Reef, Sydney Opera House and Big Banana. Style maven Katherine Sabbath’s deliciously witty cakes range from kitsch and cute, to stylish and sophisticated.

Start at Chapter One, Easy As, for beginner baking heaven. Enter stage left: the giant Fairy Bread Cake, Flamin’ Galah Cupcakes and Opal Cookies.

Progress to Chapter Two, She’ll Be Right, to create a Jaw-some man-eater from a dark chocolate sea salt cake. Engineer your own Sydney Opera House Pavlova or decorate a Dame Edna Koala.

Chapter Three, Advanced Australian Fare, is where you bust out a Mining Magnate (it’s rich!), build your own Great Aussie Dream Home or knock everyone’s socks off with Priscilla, Queen of the Dessert.

Sydney cake queen Katherine Sabbath is one of the coolest creatives around, loved for her cutting-edge cake designs and quirky personal style. This baking legend will teach you the tips and techniques to create maximum effect with every cake. Go ahead: bake her day.
Protect yourself from scams!

If you’ve received any suspicious or unsolicited calls about your internet or telephone plan, you may have been targeted by a scammer. Sadly, here at NBN Co, we are currently fielding around 100 calls per day regarding suspected scams, or more than 9,500 calls in the past quarter.

Here are some things to keep an eye out for when it comes to would-be scammers.

- If someone claiming to work for nbn has contacted you trying to sell you an internet or phone service and you’re in doubt, ask for their details, hang up and call your retail service provider to check if they’re legitimate.
- Do not share your bank or personal details with an unsolicited caller or with those who door knock claiming to be from nbn trying to sell you an nbn™ service or seek payment for related services.
- nbn™ approved technicians and workers carry enAble™ identification cards – always request to see this card before providing physical access to your address.
- Never give an unsolicited caller remote access to your computer via the installation of programs such as Team Viewer.
- nbn does not call you with automated assistance to advise you will be disconnected – we suggest you hang up the phone.
- nbn is a ‘wholesaler’ – you will need to purchase an nbn™ powered plan through a phone or internet provider. We only accept direct payment from the public in certain circumstances e.g. switching technologies at your premises.

If you have provided bank account, credit card, or gift card (iTunes/Coles) details to a scammer claiming to work for nbn, you need to:

- Contact your bank or financial institution immediately.
- Report the matter to your local police. You could also report your issue to the Australian Cyber Security Centre (ACSC).
- If you have provided remote access to your computer or financial information to a scammer, contact IDCARE on 1300 432 273.
- To protect others, report scams to the Australian Competition & Consumer Commission (ACCC) via SCAMwatch.

Most importantly, stay informed, keep your details safe and don’t be afraid to hang up on an unsolicited caller.

For more information and tips, please visit https://www.nbnco.com.au/learn/protect-yourself-from-scams

Kylie Lindsay
nbn™ local Regional Stakeholder Manager
A garden is a thing of beauty and a job forever.
by Richard Briers

We all know the stories about Jack and the Beanstalk and Sleeping Beauty and how they both had plants that grew wildly and took over, luring Jack up a never-ending beanstalk and surrounding Sleeping Beauty’s castle with a hedge of impenetrable briars. They both had happy endings. I hope I have the same result!

Down in my small corner of the state, which in the past was known as the ‘Western District Garden’, we had very little rain in spring, less in the summer and now at the end of April for autumn we have had even less. The hills are brown and the gardens are dying but not so the succulents, which are flourishing on a sprinkle from a spray bottle every so often. Of course the gardeners suggest that April to May is the best time to repot your succulent treasures! Armed with a good potting mix and some clean recycle pots (I hate washing empty pots and making sure that all creepy crawlies are gone) I set out to give my succulents and other pot plants a new lease of life.

What a battle ensued. The brain had major surgery and now I have 10 new cuttings all looking pleased with themselves, the string of pearls is looped into pots, the string of beads has had the bottom reduced, the jelly bean has lost some of its beans and that was just for starters. There are also succulents, that I don’t know the names of, which send out myriads of off-shoots and long stems with new plants at the end, which start growing immediately when the end of the stem touches soil whether it is in the ground, a nearby neighbouring pot or just the dirt and dust that I haven’t swept up for some time! Add to these, the pots full of ‘fillers’, some of which I saw in Indonesia last year, the sedums and several unusual ones that I have been told are noxious weeds. I am overwhelmed.

I decided to give some of these pots to friends and acquaintances and put the rest on a stall to raise money for charity. Good decision? Well in thought it was good idea, off I went full of good intentions. You all know if you have a glut of fruit or vegetables so has everyone else in the district, the same applies to succulents. I have run out of friends who hide when they see me coming with a basket holding pots. The Garden Group said a very definite “No”; and on a stall they were mostly left looking sad at the end of the day and had to come home! Oh well, I’ll put them in a bare spot of the garden until it rains and then I will want that space to plant bulbs.

Enough of succulents, now to tackle the worm farm, which has had a population explosion! Who could imagine such small, wriggly, things could multiply so quickly and be such fussy eaters. It is like feeding a tribe of fussy children! Oh well, life is never dull!

I leave you with this quote.
You can bury a lot of troubles digging in the garden.

Author unknown

Quite true if you can get the spade into the ground! Happy potting!

The Garden Gnome

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History of the CWA of Victoria Scholarship Fund – Part 2

At the 1939 State Conference a resolution was passed, “That the CWA Scholarship Fund be available for a country girl for a course at the School of Domestic Economy or at a Home Craft Hostel”. In 1945, the Scholarship Committee recommended rescinding the resolution, but the replacement resolution focused only on daughters. It read, “That the CWA Scholarships be open for any career to the daughter (16 years and over) of a CWA member of at least 18 months standing”.

At the State Conference this was amended to read, “That the CWA Scholarship Fund shall be available to a person (16 years and over) who is a child of a CWA member or a Younger Set member of a least 18 months standing”. Later, a further alteration was made to include the children of a deceased member providing proof could be shown of a membership of two years.

Bursaries were awarded to younger children in 1951 when it was revealed that many children had to be sent away from home to continue their education. An amount of £50 was set aside for Junior Scholarships for applicants of 14 years or less. After careful consideration, Heather Weetman, aged 10, of Briagalong, was awarded the first scholarship of £30. She had to board away from home in 1952 to commence secondary school. Two other bursaries of £10 each went to Bruce Webb of Port Campbell and Frances Gawne of Minihimite, both aged 14, to purchase books.

In 1952, £125 was granted to Helen Ferguson of Avenel to assist her through matriculation at Seymour High School in preparation for a Social Studies course at Melbourne University. A year later, six students attending high schools or technical schools benefited from receiving Junior Scholarships. Three scholarships of £25 each and three of £15 went to the six students, all of whom had to board away from home or had to travel long distances for their education.

Legacies, Gifts, and Endowments
A legacy left by Mrs Isabella Woodruff in 1955 saw two yearly awards of £75 each, awarded to Richard Hinde of Bairnsdale as the Isabella Woodruff Scholarship in 1956 and 1957. Mrs Woodruff had been a member of the Scholarship Committee since 1945. She was an educationist of some standing, and wife of Professor Woodruff of the Melbourne University.

The first award of the Gladys Cunliffe Scholarship was made possible in 1961. Miss Gladys Cunliffe was a music teacher interested in the work of the Association. Her scholarship is for a student of music whose home is at least 25 miles from Melbourne. It is awarded, for the duration of the course, to a vocal, or instrumental student (over the age of 18 years). Jennifer Dodd of Mildura was the first recipient, who used the award to complete her Bachelor of Music.

In 1962 a gift of £20 from Mrs Moulden made a Special Award possible. Her son had earlier received a scholarship. In 1963, this was also awarded in two-yearly parts when the North Mallee Group donated the balance.

Mrs Jane Rhodes was the original President of Ballan Branch in 1937. In 1962 she bequeathed £523 to the Scholarship Fund to be invested and the interest to be used for a scholarship.

In 1967, £2,000 was donated from Mrs Olive Hicken’s estate. Mrs Olive Hicken was one of the foundation members of the Association, a former State President, and Office Bearer. The interest created from invested funds was used to provide a university or non-university award.

In 1969, the Mildura Group donated the balance of their Scholarship Fund to the Association’s Fund.

Dorothy Coppel was a member of Yarra Branch and welfare officer for many years. The interest from her invested bequest, awarded funds to an unsuccessful tertiary applicant to purchase a book(s), awarded to one girl and one boy.

The Trustees from the estate of Constance Parry (first mentioned in 1981) sent a cheque for $5,889.98 to create a scholarship. The outcome was for three scholarships.

A member of Heidelberg Branch, Rose Cheetham, left a legacy of $2,000 for a scholarship.

Phylis Hillgrove was State President from 1957 to 1959. Her estate left a legacy of $10,000 for the purpose of establishing a scholarship. It was first awarded in 1990.

Mrs Minnie Chesterfield was a Group President, Music and Drama Convenor, Central Vice President, State Vice President, Chairman of H&HI and Member of Honour. On her death in 1982 her husband donated and requested a scholarship be named after her to award a student in the Performing Arts. This became the Minnie and Arthur Chesterfield Scholarship.

Mrs Mellis McDonald was present at the inaugural meeting of the Association in 1928. Over the years she held many positions including Central Vice President, Deputy State President, Chairman of H&HI, and Member of Honour. Mrs McDonald was the organiser of the CWA of Victoria workshops, to make sheepskin vests for members of the armed services and the camouflage nets in World War II. Her legacy provided a scholarship named in her honour, the Mellis McDonald Scholarship for Occupational Therapy.

In 1985, Lynne Beverley Quayle left a sum of money for a scholarship in Agricultural Science or any other course allied with Primary Production.

Life Member, Mrs Doris Richards, was Honorary Assistant Treasurer from 1944 to 1970 and was later a member of staff. In memory of her son who died in 1988, and to show her appreciation of him receiving the Elsa Grice Scholarship in 1949, she set up the David James Richards Scholarship in Dentistry.

The Diamond Jubilee Grant was made available through a State Project to mark the Diamond Jubilee of the Association in 1988. The grant was open to a student commencing tertiary education who in their first year needed to live away from home.

Post Graduate Awards
William Angliss Associate Diploma of Applied Science in Food Technology was a State Project for 1996. It is for recognition of 60 years of commitment by the Catering Committee to the Royal Agricultural Society. The applicant must be a resident of Victoria.

An Environmental Post Graduate Award is available to
the degree or diploma graduates wishing to pursue further studies into any area of environmental science. Made available through a **State Project** to mark the 150th Anniversary of the State of Victoria, the awardee must be a resident of Victoria but may take up the award in any other state or territory of Australia.

The **Alice Stewart Post Graduate Diploma in Agribusiness Scholarship** was named in honour of Miss Alice Stewart OBE, State President (1959-1961) and Member of Honour who left a legacy to the Association. An Agribusiness Scholarship was the **State Project** for 1995 and 1996. During that time donations totalling $18,620 were received. The applicant must be employed in the food and fibre industries to qualify to enter the course. They must also have a degree or diploma and a minimum of two years of work experience or six years in the industry.

Similarly a number of bequests have helped provide scholarships for rural nurses. The **Rural Health Nurses Post Graduate Master’s Award 1997** changed to **Victoria Louisa Craig Rural Health Nurse Post Graduate Scholarship** in December 1999.

The estate of **Victoria Louisa Craig**, a late member of Stuart Mill Branch at St Arnaud, donated a lump sum to the Association. In 1998 a further sum of money was left to the Association. It was agreed in 1998 that establishment of a further scholarship be named in her honour. The State Conference in 1995 saw Latrobe Valley Group move, “That the CWA of Vic Inc. should provide a scholarship for a nurse working in a rural or remote area and engaged in distance education in Monash University’s Graduate Diploma/Masters Course in Rural Health”. The motion was carried.

Later in December 1996, the State Council resolved, “That we take sufficient funds from the Main Account to establish the **Rural Nurses Scholarship**. Further donations can be made to the Rural Nurses Scholarship by branches if they wish”. The first recipient of the scholarship was Mrs Pauline Rose of Swifts Creek.

**MOH Noela MacLeod AO**
Archivist

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**Congratulations**

Congratulations to Susan Bell for winning a free copy of *Wildflower Ridge* by Maya Linnell. Thank you to Allen & Unwin for supplying a free copy of the book for our giveaway.

Susan’s winning entry:

Jenna walked through the narrow pathway between the garden and the fence. A cow’s stretch wide. All the garden edges were pruned by rasping tongues, and slobbering jaws that chewed and chewed, the hair-lined barbs of wire showed where the tastiest plants attempted to grow. Only a play farm. “When you can’t walk from corner to corner and count the steps, then you will have a real farm,” her Uncle taunted.

Allen & Unwin also supplied a second book for our giveaway, *Mr Right Now* by Karly Lane. Congratulations to Pam Sweatman for winning a free copy of this book. Pam’s winning entry:

Things were getting very tough on our sheep farm. Surprisingly our neighbours seemed to be flourishing. More sheep each year, wool baled and sold early in the new season and new machinery added regularly. Why did things seem to be going from bad to worse for our family? Dad had knocked back an offer to sell the farm to the thriving neighbours and then things started going very wrong. A fire in the back paddock, the brakes on the farm truck failed, sheep started to disappear and the tractor stolen. I had my suspicions, after all the neighbours had never been friendly apart from touting about how well they were going and reminding dad that he should sell up and retire.

When the sheep dogs were found poisoned and the shearing shed was severely damaged I planned to get to the bottom of what was going on. Little did I know of what was to be uncovered as our neighbour’s past was revealed.
We're here to help

We’re here to help you communicate – that’s what we do – but we understand that sometimes times are tight.

If a bill comes in and it’s going to be tough to pay, don’t avoid or ignore the bill. We can help. We offer flexible payment terms and options if you’re experiencing genuine difficulties, as outlined in our Financial Hardship Policy.

You can discuss your situation any time of day or night. Simply pick up the phone and give us a call on 13 22 00 and say “Financial hardship”. We’ll put you through to one of our operators to discuss your situation.

It can be something as simple as a little extra time to pay a single bill, or the provision of an InContact® phone service capable of receiving calls only.

We understand that communications can form a key part of getting out of financial difficulty. That’s why our Access for Everyone program provides services for people doing it tough.

We also work in partnership with over 2000 community agencies across Australia, including The Salvation Army, St Vincent de Paul, The Smith Family and Anglicare Australia.

These partners may be able to help you with your bill, or may be able to provide you with a calling card if you have no other means of communication. If you are part of a community agency, read our information for community partners.

Getting the assistance you require

Those looking at more serious financial difficulties may also wish to seek free and independent advice from a community Financial Counsellor.

You can talk to a Financial Counsellor by ringing the National Debt Helpline on 1800 007 007. This number will automatically switch through to the service in the State or Territory closest to you for assistance, between at least 9.30 am – 4.30 pm Monday to Friday. You can also refer to the Find a Financial Counsellor map for your closest service.

Staying connected

We recognise that sometimes unforeseen events in your life may affect your ability to pay for services you have used. We offer a range of payment and service options so you can stay connected:

- Extension of Time to Pay
- InContact
- Payphones
- Telstra Bill Assistance Program
- Telstra Financial Hardship Policy
- Telstra Calling Card Program
- Telstra Pre-Paid Mobile
- Telstra Self-Serve

New quad bike standard to save lives

The Australian Government is improving the safety of quad bikes with the introduction of a new safety standard to protect the community, Minister for Housing and Assistant Treasurer Michael Sukkar said on 10 October (http://ministers.treasury.gov.au/ministers/michael-sukkar-2019/media-releases/new-quad-bike-standard-save-lives).

The new standard will see improved safety information available to consumers, reduce the frequency of rollovers and provide increased protection to operators in the event of a rollover to reduce the risk of serious crush injuries and deaths.

Since 2011, on average 16 people a year are killed in a quad bike accident, and an estimated six people a day present to an emergency hospital department with at least two of these admitted with serious injuries.

“Quad bikes are the leading cause of fatalities in Australia of all consumer products that aren’t regulated,” Mr Sukkar said.

“This safety standard aims to address the high risk of rollovers, which is especially important for many of our farmers and their families who use these vehicles daily,” Mr Sukkar added.

Within 12 months, all new quad bikes will be required to:
- have a warning label alerting riders to the risk of rollover
- meet US or European standards (performance of components like brakes, suspension, throttle and clutch)
- test for stability and display the result on a hang tag attached to the bike at point of sale.

Within 24 months, all new general use model (utility) quad bikes will be required to:
- be fitted with, or have integrated into the design an operator protection device (rollbar)
- meet minimum stability requirements.

The Australian Competition and Consumer Commission (ACCC) will also work alongside Standards Australia as industry develops their own specifications for the safety of rollbars.

The ACCC has undertaken extensive consultation including with farmers, consumer groups, retailers, manufacturers, health and medical experts. The majority of stakeholders who made submissions supported a new mandatory safety standard.

“Importantly, these requirements will put the onus on foreign manufacturers to supply safer quad bikes into Australia, and protect Australian farmers and others who use them.”

Dear Janette

I just got my certification for cervical screening and wanted to share this with you as CWA of Victoria funding through the Victoria Louisa Craig Rural Nurse Award last year made it possible.

Many thanks again – I have already had many women – especially in the 65-76 year age bracket whom I have had screened because of my new knowledge.

Your organization also sponsored my Immunization Grad Certificate - I am also now a staunch advocate for preventative immunization – especially flu/pneumonia/shingles/tetanus.

All thanks to CWA.
Many thanks for your generosity
Kind regards
Mandy Bryce

The Editor
Victorian Country Woman Magazine

Dear Members

I would like to thank all the volunteers who worked during the Melbourne Show this year.

Lots of focus is always on the scones, yet without you ladies the peeling, slicing, chopping, dicing and mashing of the following: potatoes, onions, pumpkin, capsicums (red, yellow and green), celery, broccoli, cauliflower, parsley, spring onions, zucchini, cabbage, carrot, leeks, parsnips, eggplant and chives, plus keep the scraps for stock, we could not have produced the volume of food which was required every day by the public.

It was great to see past volunteers, plus a good bunch of newbies (both young and old).

Without Lyn Fleming and her committee and a special mention of Carol Bartlett, who kept up with all the ordering of the stock each day, we would not have achieved the outcome we wished for. A big thank you also, to Ron Fleming who supported his wife and CWA.

Roll on 2020, hope to rekindle old friendships and make new ones.

Kate Wornes

PS Without Narelle and the other cooks my job would not have been easy. Thanks.
**2020 Mitchell Group Conference**

The Mitchell Group is excited to be hosting Erin Rhoads; also known as The Rogue Ginger – Australia’s most well-known eco blogger at our Half Yearly Conference in February. Our Group Conference will be held on Saturday 22 February 2020 and we would like to extend an invitation to other members to attend and who may have an interest in Erin’s work and in learning ways that we can reduce our own waste as an individual. Erin is the author of a blog ‘The Rogue Ginger’ and is also the author of a new book ‘Waste Not’ which will be available to purchase on the day. Erin is a popular speaker on the topic of waste reduction and is also the co founder of Zero Waste Victoria. She is an environmental advocate, a mum, a wife and an all round interesting woman who is doing great things. We cannot wait to hear her speak and learn from her interesting journey into waste free living. Please see links below for more information and email cwaofvicfootscray@gmail.com to register your interest in attending.

*Additional information may be found at: https://www.facebook.com/therogueginger/ or https://www.therogueginger.com/

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**2019 CALENDAR OF EVENTS**

<table>
<thead>
<tr>
<th>DATE</th>
<th>EVENT</th>
</tr>
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<tbody>
<tr>
<td>DECEMBER</td>
<td></td>
</tr>
<tr>
<td>7</td>
<td>Christmas Fare</td>
</tr>
<tr>
<td>11</td>
<td>Social Issues Meeting - please note change of date</td>
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<tr>
<td>13</td>
<td>ACWW International and Community Support Committee meeting</td>
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<tr>
<td>JANUARY 2020</td>
<td></td>
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<tr>
<td>24</td>
<td>Deadline for March 2020 magazine submissions</td>
</tr>
<tr>
<td>26</td>
<td>Australia Day</td>
</tr>
</tbody>
</table>

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**Welcome New Members**

- **Ashburton**
  - Donna Di Battista
  - Sheryl Long
  - Bronwyn Vittouris

- **Avon**
  - Halina Price

- **Beechworth**
  - Robyn Donnelly

- **Boorhaman**
  - Fay Steadman

- **Daylesford & Hepburn**
  - Virginia Purdey
  - Frances Guerin
  - Narelle Beattie

- **Footscray**
  - Lee Johnston
  - Lee Kennedy

- **Heathcote**
  - Lorna Riley

- **Heywood Evening**
  - Corrina Rose

- **Inverloch**
  - Lynda Probitts

- **Irrewarra**
  - Jodie Martin

- **Phoenix Chewton**
  - Joanna Bialecka

- **Stawell**
  - Belinda Amess

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**Welcome to our new Junior Member**

- **Avon**
  - Felicity Brooks

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**A CWA CAROL**

*(to the tune of Away in a Manger)*

Away down in Rosebud  
With no house or no shed  
Our CWA ladies  
Hire the Shire Hall instead

We meet there in friendship  
To converse and to share  
Planning local fundraising  
Linked to Community Care

There is laughter in good times  
Strong support when there’s a need  
To be helpful and caring  
Is an unwritten creed

Garden parties and theme days  
Out to lunch or a show  
And Wednesdays are craft days  
When we chat, knit and sew

Our year has passed quickly  
The festive season is here  
May we share  
A Happy Christmas  
And a Healthy New Year.

*Anonymous*
December Puzzles

Cryptic Crossword (plus Quick Crossword clues)

Sudoku

CRYPTIC CLUES

Across
1. Climate change engulfed aluminium band (9)
6. Uproar is all, uh, over before nitrogen goes out of balloon (11)
8. Fable with no beginning is allowed (4)
9. Last week I chiefly tickled a baby rabbit (3)
11. Sprinkle ads every second? Opted out! (5)
13. See 5 down
14. Loathe to make unlimited promise (4)
16. Varnish monarch gave a massive defeat (11)
17. The fuzz from a rotten epic lemon (9)

Down
2. Rub axe I ordered from further out than the suburbs (7)
3. Out, please, out (6)
4. Icy-hearted? (4)
5, 13 across: Spooner's bassinet con job appeared on The Block (5, 3)
7. When street artist sounds even more like an Australian plant? (7)
10. Extreme campers said to sleep here (7)
12. Do key speakers come from a Goulburn Valley town? (6)
13. The actor's flings (5)
15. Singing voice plucked out of coastal town (4)

QUICK CLUES

Across
1. US heavy metal band (9)
6. Clamorous noise (11)
8. Free (to) (4)
9. Equipment, pack (3)
11. Didn't show up (5)
13. See 5 down
14. Vow (4)
16. Utter defeat (11)
17. Male cops (9)

Down
2. The region beyond the suburbs (7)
3. Snoozing (6)
4. Unfriendly (4)
5, 13 across: Personality on The Block (5, 3)
7. Australian shrub sometimes likened to bottlebrushes (7)
10. Highly concentrated (7)
12. Goulburn Valley town (6)
13. Hurls (5)
15. Singing voice (4)

Answers will appear in the JANUARY/FEBRUARY 2020 Magazine
Special Branch Birthday

80th
KARA members celebrated the branch’s 80th Birthday with members of the East Wimmera Group and their sister Branch Avoca at the St. Arnaud Sporting Club. Member of Honour Mrs Helen Wall OAM presented the following Kara members with service certificates and badges.

- 40 years plus - Sandra McIntyre and Margaret McCahon
- 30 years plus - Dorothy Baldwin and Margit Kearnan
- 25 years - Dianne Fullarton and Cherie Duncan
- 10 years plus - June Cummings.

A special celebration enjoyed by all. The cake was made by Sue Wright and Margaret McCahon decorated it.

BRANCH and GROUP

Card Making
TINAMBA & DISTRICT members watched as our demonstrator Susannah Taylor showed members how to use stamps to make a simple card. It was a fun evening with all members taking home a handmade card. Our sincere thanks to Susannah for her time and assistance.

Card making demonstrator Susannah Taylor.

Association Day at Congupna
CONGUPNA members held a very successful fundraiser for Association Day in August and it was very well attended by the friends and members of the North Eastern Group. There was a small but very energetic committee who were complimented by the audience on such a lovely afternoon High Tea. We had a Country and Western theme with members dressing up to the theme. Music was presented by James Moore and most of the audience had a chance to join in, singing and dancing with the familiar songs. Lucy Richards was judged the best dressed cow girl. During the afternoon there were guessing games, lucky door and lucky seat prizes. The day was a very social event and all ladies who attended appreciated the time to relax and laugh together in CWA friendship.

(L-R) Congupna members Heather Withers, Marlene Fitzgerald, Rien Silverstein, Beryl Alexander, Wilma Spence, Jan Cameron, Country and Western Entertainers James and Bev Moore, Camille Kelly.
**Concert at Harcourt**

HARCOURT held its annual concert in September, and what a concert it was! We always have a theme for our concerts, and this year we decided on ‘Wild West Women’.

Joy Robertson wowed our audience in her saucy dress as she smooched up to her man singing ‘I Cain’t Say No’, and Melva Graham, dressed as a dashing young man about town, was highly delighted with her advances.

In the Harcourt Saloon, there was a near fatality when two of the Harcourt ladies fought a bitter fight with balls of wool after a disagreement over a knitting pattern. Fortunately a refreshing cup of tea revived the injured Joy much to the relief of her knitting buddy, Robyn McConville.

There was much shooting going on at the OK Corral as members on walkers and horses re-enacted that famous Western gun fight, and our audience was very relieved when the Red Cross ladies appeared and quickly dealt with the wounded. Please note, there were no fatalities in the making of our concert. And of course what better way to end our show than with a Barn Dance.

When I looked at the photos I am so proud to be a member of this branch. It is not just the ladies performing on the day that made our concert such a success, it is the behind the scene activities, the amazing saloon set created by Jenny Steiner, the costumes, restitched and resized by Marlene Thompson, the food preparation and as always, the eternal washing up at the end of the day.

Well done ladies, you are indeed a bunch of Wild Women. Thanks to Jenny Steiner, we have some beautiful photos taken on the day which best illustrate just how wild our Harcourt ladies can be.

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**Cobden – Portarlington Sister Branch Luncheon**

On Monday 14 October a luncheon at the Winchelsea Tavern Hotel provided a perfect venue for both PORTARLINGTON and COBDEN members to meet at a distance half way for both branches to travel. An amazing menu in a very relaxed setting was very much enjoyed by the 12 members who settled in for a catch-up of news and an afternoon of fellowship. Some new members attended and all enjoyed the day leaving with the intention to meet again next year.

The idea to meet annually came about after a very successful luncheon in Colac last year in 2018 when both branches had decided to meet annually for a renewal of friendships and support, swapping of craft and fun ideas which could be put to good use when setting out their next year’s syllabus.

---

**Swan Hill Show**

On 4 and 5 October MURRAY VALLEY GROUP held their annual competition at the Swan Hill Show.

Tyntynder was first in the Senior CWA Branch Section and received the McLean Cup. In the Junior section the Gladys Devereux Memorial Shield went to Meagan Coulter of Nykora in the primary section. Maddy Munro of Nykora came first in the secondary section. The Junior competition consisted of one handicraft item and one home industries item.

Margaret Finnemore of Nykora won the One Woman’s Work with three different articles of craft, and the best overall exhibit rosette was won by Noleen Bates of Nykora for her knitted cardigan.

Group President Mary Heap demonstrated Kokedama to interested members of the public. Kokedama is where a plant root is covered with Sphagnum Moss, some potting mix and all brought together with string wrapped around the outside.
North Gippsland Group International Day

The NORTH GIPPSLAND GROUP recently celebrated International Day at Stradbroke with a great attendance of members. Iceland seemed quite a strange country, but our members were assured it wasn’t. Guest speaker, Janine Gleeson spent six years living in Iceland. Janine gave a very interesting talk which informed and entertained members. She was presented with a Thank You gift.

The day was finished off with a delicious lunch, and the drawing of raffle prizes. Maffra Branch won the best decorated table.

Wirrim (Birchip) News

During October the branch held their annual meeting with Group President Sharon Douglas and Group Secretary Karen Wilson in attendance. The evening commenced with a two course dinner arranged by the Executive. The annual meeting then followed with Sharon bringing us up to date with CWA activities and installing our new executive for the coming year. Connely Ryan is the new Branch President with Valerie Lee remaining as Branch Secretary.

Following the annual meeting we had a short break when members took part in a Clothes Line Game and enjoyed a light supper. This was with two willing posts (members) holding a long piece of rope and competitors had to peg as many socks on the line holding a handful of pegs. This allowed the ladies and Group representatives to have a relaxed time before the general meeting. At this meeting new members were made welcome and early preparation for our 50th Birthday was discussed. We were pleased to have our Group President remain for the evening.

Service Certificates

At the FRANKSTON Annual General Meeting on the 16 October, Group President Cate Venturoni had the pleasure of presenting Barbara O’Malley, Janice Smith and Judith Smith with 30 year service pins. All of these ladies have been a fantastic support to Frankston over a long period of time and continue to serve the Association in an active way. We are very fortunate to have such long serving and dedicated members.

Sister Branch Get Together

SPA CENTRE and SOUTH MORANG NIGHT OWLS enjoyed a lovely catch-up at ‘The Mill Market’ in Daylesford for a yummy lunch then a wander around The Mill to find some goodies to take home.

North Gippsland Group International Day

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The day was finished off with a delicious lunch, and the drawing of raffle prizes. Maffra Branch won the best decorated table.
West Wimmera Group Unveils Friendship Rose

On October 1 a number of WEST WIMMERA GROUP members gathered at the Botanical Gardens in Horsham to attend a simple unveiling ceremony. On hearing that the ‘Friendship Rose’ was to be released, Rene Vivian saw an opportunity to have one of the roses planted in a prominent area where members could visit and enjoy its growth for many years. Rene had already been successful in having another suggestion implemented by council and garden staff. She approached the garden staff re the possibility of having a rose planted and the staff were most receptive as they had recently lost a rose in the rose bed. Rene then approached the past Group President Sadie Williams re purchasing a rose – at this time roses were in short supply so the idea was put on hold. Roll on twelve months, a rose was purchased and the garden staff planted it for us. Current Group President Judi Pymer organised a plaque and on a beautiful day a number of members gathered when our immediate past Group President and Group Secretary unveiled the plaque. The unveiling was followed by members enjoying a shared lunch and Rene cut the cake. The ‘Weekly Advertiser’ covered the day.

Henty Group Exhibition

HENTY GROUP held a successful exhibition, with nearly 400 entries and a wide variety of exhibits enjoyed by the visiting public.

(L-R) Rhonda Barrand, Group President Sue Caslake, Nancy Grant and Charlotte Rees with some of the exhibits

Photo courtesy Ron Fleming

Personalised Christmas Trees

Christmas preparations started early at FRANKSTON this year with craft leader Jenny Baxter teaching us two new Christmas decorations over a couple of weeks.

The first was our own personalised Christmas tree. This was made from coat hangers and lots of tinsel. As the store wanted to see why all the ladies were buying them out of tinsel so early in the season Jenny took a finished product to show them and they were most impressed. You would not believe how many different trees could be created. Some with lights, some decorations and others left as they were. We were also taught how to make Christmas wreaths with a different type of coat hanger, baubles and tinsel.

Op Shop Fashion Parade

NEWBRIDGE held an Op Shop Fashion Parade on the 23 October. The models chose their outfits from the Dunolly Uniting Church Op Shop and the Bridgewater Op Shop. All fashions were on sale after the parade. This is such a fun day, as most garments are only a few dollars, and a great way to recycle. A scrumptious finger food lunch followed the parade. Thank you to all members who made it a success.

Cooking up a Storm

BALLAN & DISTRICT members cooked up a storm with the 1st Ballan Joey Scouts in the local RSL Hall in August. The branch also recently supported the Joeys with fundraising by setting up a lemonade stand at the Ballan Mid-Winter Community Bush Dance, which the Joeys ran. It was a great success with the event being fully booked and the Joeys selling over 200 cups of lemonade.

From that great experience members saw first-hand how beneficial mentoring from the CWA was for the youngest generations in our community, and decided to get even more hands-on by holding a cooking class.

The Joey Scouts were given the task of making pizza for their school lunches and some yummy Milo balls for dessert. They chopped veggies, grated cheese, chose toppings and made their own pizza. Their favourite part was rolling their yummy balls and coating them in coconut and sprinkles. Branch members experienced the joy of working with young people, and the opportunity to work with one of the youth organisations in the community.

Small town, big reach

BALLAN & DISTRICT members were honoured to host a visit from Ms Jeffie Kaine, Australia’s Consul-General in Istanbul in September 2019.

Ms Kaine was planning a visit to the local area and contacted the branch after seeing our Facebook posts. It was a bit of a surprise to find out just how far-reaching the activities of a small community group in a small town can be. It also highlights how effective a social media tool like Facebook can be when used appropriately. Facebook enables our branch to raise our profile, build community connections, promote the Country Women’s Association of Victoria, reach out to other branches and to attract new membership.

Ms Kaine was very keen to meet local community members to find out what issues are important to regional Victoria, and also take the opportunity to talk about her role as a consular official, and how she can influence opportunities for women and girls in Turkey. The branch invited members from other local community groups, including the RSL and Historical Society, who stayed on after the presentation for a traditional CWA supper, which included traditional Turkish Delight bought especially in Istanbul, and an informal chat with Ms Kaine.
CAMPASPE members are saddened by the recent passing of Val Allan. Val was a member of Campaspe for many years, holding the positions of President and Secretary; Echuca Group President twice and served on the Performing Arts Committee. Val was much loved and respected within the branch.

KARA (St. Arnaud) acknowledges the recent passing of our member Joan Spry. Joan joined Culgoa branch in the early 1950’s where she held many positions. She was Group President of the Southern Mallee Group from 1972-74. From 1976-78 she became a Central Vice President at State Level. In 2015 Joan received life membership of the Association. Joan was also a great supporter of ACWW. She moved to St. Arnaud approximately 12 years ago and joined Kara Branch where she remained a valued member until her passing. She will be sadly missed.

KATANDRA WEST members regret the passing of their member of many years, Betty Opie. As a past Branch President and Treasurer Betty was a well-liked member of our branch. Betty’s friendship will be sadly missed and always remembered.

MELTON NIGHT OWLS members are saddened by the passing of past member Thelma Mellier. As a young girl, she attended Association meetings with her mother. In 1946 she became a founding member of Mincha Branch. Thelma began attending our meetings after coming to live with her daughter. Failing health in recent times prevented her from attending branch meetings.

MORTLAKE DAY members were saddened by the passing of Doris Brewer. Doris was a member of CWA of Victoria Inc. for over eighty years. Doris first joined Dundonell Branch, transferred to Darlington then Mortlake, and held office bearer positions in all three branches including two terms as South West Group President. When Doris first joined the Association she joined the CWA Land Army and worked at ‘Ennerdale’ for eighteen months doing outdoor work. Members will miss her friendship, knowledge of the Association and her catering skills. Doris was always available for any fundraising and Group functions.

ROSEBUD EAST members are saddened by the passing of Maureen Mackie, a member for seven years. She will be missed by all - sympathy to her family.
NOVEMBER PUZZLE ANSWERS

CRYPTIC CROSSWORD ANSWERS

SUDOKU ANSWERS

425 893 176  786 519 324  397 641 258
861 275 943  539 427 861  214 958 637
973 164 582  142 386 795  658 732 419

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Please forward all Magazine correspondence to 3 Lansell Road Toorak 3142.

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CWA Accommodation VICTORIA

Accommodation at the Country Women’s Association B&B Melbourne is open to members and non members

CWA Bed and Breakfast Accommodation
3 Lansell Road Toorak VIC 3142
T: 03 9824 0239
E: bandb@cwaofvic.org.au

<table>
<thead>
<tr>
<th>Room Type</th>
<th>Rate per room per night</th>
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<tr>
<td></td>
<td>CWA of Vic Members</td>
</tr>
<tr>
<td>Single</td>
<td>$60</td>
</tr>
<tr>
<td>Twin/Double</td>
<td>$95</td>
</tr>
<tr>
<td>Twin/Double with ensuite</td>
<td>$115</td>
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<tr>
<td>Family room, 1 double and 1 single, with ensuite, newly refurbished</td>
<td>$130</td>
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Cot for child under 3 years: No charge
Extra bed/sofa bed in room: $30 per night
• Deposit equivalent to one night’s stay required with booking.
• Room rates effective from 1 June 2019.
• The CWA of Victoria Inc. will honour bookings already made and fully paid for (on or before 21/05/19) for a stay after 1 June 2019 until 30 September 2019 at previous rates.

PLEASE NOTE: PRICES ARE SUBJECT TO CHANGE WITHOUT NOTICE

VICTORIAN ACCOMMODATION

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79 Grampians Road, Hall’s Gap
Bookings: T 03 5385 7479
E toma1@westnet.com.au

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E reservations@rfhgregory.org.au
W www.qcwa.org.au
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It begins with natural fibres, from field to the factory. A collection created from simple silhouettes that are lightweight & versatile.

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03 5345 2202

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54 Ford Street
03 5728 1741

ELSTERNWICK
426 Glenhuntly Road
03 9528 4605

BLOCK ARCADE
Basement Level
96 Elizabeth Street
03 9662 1346

SASSAFRAS
Shop 3, 383
Mt Dandenong Tourist Rd
03 9755 3030

HEALESVILLE
213 Maroondah Hwy
0406 526 156

DAYLESFORD
79 Vincent Street
03 5348 2936

HAITHORN
6 Roche Street
03 9818 5055

BOX HILL OUTLET
862 Canterbury Road
03 9899 6791

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