



Activities for Children and Young People (5 - 16 years)

There are some that can be done without adult supervision and some that you might like to do as a family.

Topic	Idea	Link
Education	Study science through the life cycle of different beans in a bag from the fridge or freezer	https://www. sciencekiddo.com/bean- seed-in-a-bag/
Fun	Use flowers to dye a white tea towel, pillow case or scarf; excellent for a Mother's Day gift	https://www. youtube.com/ watch?v=t0wopQ0A-7A
Connections	Pen Pals: connect with another junior member or a friend from school or a club you usually attend	