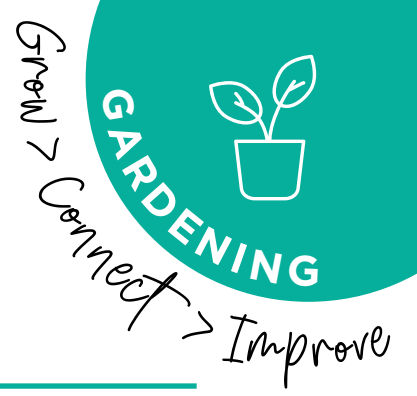




# Week Fifteen



## Growing Potatoes

Potatoes like all other vegetables are something that can be grown at home. It can take up to 4 months for potatoes to mature so make sure you plant them in a section of the garden that you are not considering using for another crop in the near future. They can be grown in pots if space is limited.

The nursery sells seed potatoes and there are many varieties, some best for roasting, some recommended for mashing and some best for potato salad. If you have some potatoes in the pantry that are beginning to sprout, that is the eyes have white shots developing, you can plant a piece of the sprouting potato. Therefore if there are several 'eyes' on one potato you can cut it into a number of pieces to plant.

The time to plant potatoes is early spring and as with anything we plant, growth will not commence until the soil temperature has warmed a little.

One of the problems with growing potatoes is knowing just when to dig your potatoes. Harvest when the flowers fade and some of the leaves fade from green to yellow.

The reward of growing your own potatoes is that you can enjoy eating them in a variety of ways. Harvesting your potatoes and taking them inside for the evening meal is living with the motto that 'fresh is best'.

