



Vegies to plant in Summer



Finally we are having some warm weather in Victoria – so what vegetables can be planted in summer? The first thing is to decide what you want to grow. I think this is as simple as asking yourself what do you like and want to eat. As I am limited on space I also think about what is readily available at the shops and what it costs – for example, cherry tomatoes are generally more expensive to purchase than other tomatoes. I must admit I am not always successful at growing vegetables; however, I do enjoy planting and watching, hoping for the produce to ripen.

I also suggest, if you are able, to stagger your planting times so you don't have a glut of vegetables (although your family and friends will enjoy your glut).

Vegetables can be planted in planter boxes or garden beds. Ensure they have access to 6-8 hours of sunlight. Also, make sure the soil is moist and the plants have enough water. It only takes one hot day to stunt or stop the growth.

When planting root vegetables it is best to plant as seed. The roots can get damaged when planting as a seedling. This is also the case for peas and beans: they don't like being moved.

Seedlings are generally more expensive than seed; however, they establish faster and hopefully produce vegetables faster.





Seeds

Seedlings

Seeds or seedlings

	Planting time				
Species	December	January	February	March	
Amaranth	Amaranth	Amaranth	Amaranth	Amaranth	
Basil	Basil				
Beans	Beans - Climbing & Bush	Beans - Climbing & Bush		Broad Beans	
Beetroot	Beetroot	Beetroot	Beetroot	Beetroot	
Broccoli	Broccoli	Broccoli	Broccoli	Broccoli	
Brussel Sprouts	Brussel Sprouts	Brussel Sprouts	Brussel Sprouts	Brussel Sprouts	
Cabbage	Cabbage (tight- headed)		Cabbage (tight- headed)	Cabbage (tight & loose headed)	
Capsicum	Capsicum				
Carrot	Carrot	Carrot	Carrot	Carrot	
Chicory	Chicory				
Chilli	Chilli				
Chives	Chives	Chives	Chives	Chives	
Coriander	Coriander	Coriander	Coriander	Coriander	
Cucumber	Cucumber	Cucumber	Cucumber		
Eggplant	Eggplant				
Endive			Endive	Endive	
Kohlrabi	Kohlrabi	Kohlrabi	Kohlrabi	Kohlrabi	
Leek	Leek	Leek	Leek	Leek	
Lettuce	Lettuce	Lettuce	Lettuce	Lettuce	
Mustard Greens	Mustard Greens	Mustard Greens	Mustard Greens	Mustard Greens	





Seeds

Seedlings

Seeds or seedlings

	Planting time				
Species	December	January	February	March	
Okra	Okra	Okra	Okra		
Onion			Onion	Onion	
Oregano	Oregano	Oregano	Oregano	Oregano	
Parsley	Parsley	Parsley	Parsley	Parsley	
Parsnip	Parsnip	Parsnip	Parsnip	Parsnip	
Peas/ Snow Peas	Peas/ Snow Peas		Peas/ Snow Peas		
Potatoes	Potatoes				
Pumpkin	Pumpkin	Pumpkin	Pumpkin		
Radish	Radish	Radish	Radish	Radish	
Rocket	Rocket	Rocket	Rocket	Rocket	
Rockmelon	Rockmelon		Rockmelon	Rockmelon	
Salsify	Salsify		Salsify	Salsify	
Shallot			Shallot	Shallot	
Silverbeet	Silverbeet	Silverbeet	Silverbeet	Silverbeet	
Squash	Squash	Squash	Squash		
Sunflower	Sunflower	Sunflower	Sunflower		
Swede	Swede	Swede	Swede	Swede	
Sweet Corn	Sweet Corn	Sweet Corn	Sweet Corn		
Sweet Potato			Sweet Potato		
Tomato	Tomato		Tomato		
Turnip	Turnip	Turnip	Turnip	Turnip	
Watermelon	Watermelon		Watermelon		
Zucchini	Zucchini		Zucchini		





